



ORAL CONCIOUS SEDATION INFORMATION PACKET

Conscious sedation for your child is achieved through the administration of Midazolam, a medication designed to ensure safety and comfort during dental procedures. Approved for use as a sedative or anesthetic, Midazolam (Versed) effectively alleviates anxiety, induces sleepiness, relaxes muscles, and temporarily impairs short-term memory by enhancing certain brain chemicals. The dosage is tailored to your child's weight, and while they remain awake during the treatment, it is crucial to note that Midazolam is not intended to suppress behavior. Instead, it can induce a temporary state of amnesia, which may lead to heightened reactions such as crying or yelling in response to sounds and sensations during the procedure. This response is not indicative of pain but rather a reaction to the environment. Throughout the treatment, your child's vital signs will be closely monitored, and protective measures, including local anesthesia and stabilization techniques, will be employed to ensure safety. After the procedure, it is essential for your child to be supervised by an adult until they fully recover from the sedation effects, which may include drowsiness and difficulty walking for up to 12 hours.

It is essential that your child arrives with an empty stomach, having refrained from all food and liquids for at least six hours before the appointment. Please be aware that if these dietary restrictions are not followed, we will be unable to proceed with the sedation.

Prior to Your Child's Sedation Appointment

- You will receive a confirmation call from our office 24 to 72 hours before your appointment.
- It is essential to inform us of any medical conditions or changes in your child's health between 48 to 72 hours prior to the scheduled visit.

- If your child falls ill shortly before their sedation appointment, please reach our office for guidance on whether a postponement is necessary.
- **Ensure that your child has an empty stomach by refraining from food or liquids for six hours before the appointment, as fasting reduces the risk of vomiting and aspiration, which can be life-threatening.**
- Dress your child in loose, comfortable clothing and remove any nail polish or decals from their fingers and toes. Additionally, bring an extra set of clothes in case of an accident, and encourage your child to use the restroom beforehand.
- We advise against bringing other children to this appointment, as it is crucial for you to concentrate fully on your child undergoing sedation.

During the Sedation Appointment

- Please be patient as we schedule appointments to best meet the needs of our patients and ensure smooth office operations.
- **Only one parent will be permitted in the treatment area, and they will need to step out once the dental work begins to allow our team to focus on your child and complete the procedure efficiently.**
- The medication can be given in two ways: we encourage your child to take it orally, either independently or with your help. If this proves challenging, the doctor will administer it intra-nasally, a safe and effective alternative.

- Midazolam is NOT administered to control or regulate your child's behavior. A Midazolam typically takes 15 to 25 minutes to take effect, during which you should closely observe your child, as they may experience drowsiness, dizziness, difficulty walking, or irritability. A dental assistant will monitor your child's heart rate and oxygen levels every five minutes, and **it is essential for you to remain in the waiting area throughout the sedation appointment.**
- It is important to note that Midazolam is not used to control behavior; rather, a sedated child may exhibit heightened emotions and react to unfamiliar sounds and sensations by crying or yelling, which does not indicate pain.
- When the procedure is ready to begin, you will need to step out of the room, but we will do our best to keep you informed of any changes during the process. Treatment may evolve once it begins, and you will always receive an explanation of any proposed changes, which will not proceed without your informed consent. After the procedure, the dental assistant will assess your child's condition, and you should expect them to be drowsy, possibly crying or fussy.

Dr. Stephanie Bont or Dr. Katherine Dority will give you a call the same night the procedure happened, or follow up the next morning to check in.

Following the Sedation Appointment

- Upon returning home, it is essential that your child remains under adult supervision until they have fully recovered from the sedation effects.
- As soon as you arrive, provide a soft diet, including options like eggs, yogurt, apple sauce, and pancakes.
- Encourage your child to stay hydrated by drinking plenty of water throughout the day.

- It is normal for them to feel drowsy and irritable for up to 12 hours, and you should expect numbness to persist for 2 to 4 hours. During this period, closely monitor your child to prevent any accidental biting, scratching, or injury to their cheeks, lips, or tongue. Additionally, it is not unusual for your child to exhibit small red marks, bruising, or rashes on their face or body, which may result from head stabilization, the use of a nasal hood, or being wrapped in a protective stabilizer.
- A mild fever, with a temperature of up to 100.5°F, can occur after sedation, particularly if your child is dehydrated; in such cases, administering children's Tylenol or Ibuprofen may be appropriate.

If a fever persists for more than 12 hours, call our office or Dr. Stephanie's cell, 617-903-8872.

FINANCIAL RESPONSIBILITY

The sedation portion of the appointment is generally not covered by most insurance plans, and the anticipated fee is \$547, which does not include any applicable copayment for treatment. **This payment is required to be made one week prior to your appointment. Copayments can be processed through our online portal or by phone.** For inquiries regarding payment plans and pre-estimates, please reach out to our billing coordinator via email: billing@greaterbostonmiles.com. It is important to note that this information does not apply to Mass Health Standard Plans, and Mass Health Children Security may have a copayment due to maximum usage.

Do not hesitate to contact the office via phone (617)472-5437 if you have questions or concerns.